

December 15, 2022

Eric López, CPRE  
Community Center Coordinator  
City of Fort Worth /Northside Community Center  
Neighborhood Services Department  
1100 NW 18th St Fort Worth, TX 76164

Dear Mr. López,

Congratulations! Blue Zones Project / North Texas Healthy Communities (BZP/NTHC), the nonprofit arm of Texas Health Resources, has approved a mini grant of \$5,000 for support of the community garden at Northside Community Center.

Our work is guided by evidence-based practices; and together, with the support of partners throughout the community, we work to create an environment that supports health and well-being. A critical component of this work in our focus on systems change to improve access to fresh food for all residents. Thus far, we've partnered with over 34 schools and community organizations to distribute over 665,850 pounds of fruits and vegetables to communities in need and continue our support of both school and community gardens, and nutrition education.

Studies show school and community gardens encourage participants to eat more fruits and vegetables and are linked to happier moods, lower rates of obesity, and healthier habits lasting into adulthood. With our commitment to improving well-being, Blue Zones Project / North Texas Healthy Communities (BZP/NTHC) and community partners, such as, Northside Community Center are digging in to help new gardens take root!

By accepting this mini grant, you agree to:

1. Use the grant funds only as specified in the outlined expectations for expenditures.
2. Maintain your records to show and account for the uses of grant funds.
3. Provide written acknowledgment of receipt of payments of grant funds.
4. Refrain from use of the funds for any purpose prohibited by law.
5. Cooperate with the efforts of BZP/NTHC to publicize the grant and any accomplished work resulting from receipt of the mini grant.
6. Comply with reasonable requests for information about program activities
7. Meet terms and conditions specified in the addendum to this letter.

We appreciate being able to support you with your efforts.

Sincerely,  
Ricky Cotto  
Director, Community Engagement

I, \_\_\_\_\_, certify that the organization named above accepts  
Name and title the terms outlined.

## **Addendum To Letter**

### **Expectations for expenditures**

Mini-grant expenditures must be:

- Authorized by/or not prohibited by federal, state, or local laws and regulations. (For example, the purchase of alcohol is prohibited.)

Allowable mini-grant expenditures include:

- Supplies – Approved supplies include:
  - Supplies and equipment for cultivation and maintenance of the community garden: tools, gloves, wheelbarrow, soil, water hose
  - Supplies for community garden education: Books, tools, attendance incentives for families
- Education/Maintenance – Approved maintenance/education materials or supports include:
  - Instructors with suitable experience or credentials to provide classes or workshops that support garden cultivation, maintenance, or nutrition education

### Publicity

The grantee shall include mention Blue Zones Project / North Texas Healthy Communities (BZP/NTHC), the nonprofit arm of Texas Health Resources, in all press releases, social media and other media concerning the project. Copies the BZP logo suitable for reproduction are included for your convenience.

### Reports

A complete program and financial report must be provided quarterly based on the schedule below that details: how the funds were used, remaining balance, and pictures documenting work and/or classes.

Due Date:

March 24, 2023

June 23, 2023

September 22, 2023

December 22, 2023