

# Mayor and Council Communication

**DATE:** 11/10/20

**M&C FILE NUMBER:** M&C 20-0825

**LOG NAME:** 14FRONTLINEPHYSICALS

**SUBJECT**

(ALL) Authorize an Amendment to City Secretary Contract 54108 with Front Line Mobile Health, PLLC to Provide Comprehensive Post COVID-19 Physicals for City Employees to Increase the Total Amount of Compensation from \$471,750.00 to \$589,687.00 for the Initial Term Only

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**RECOMMENDATION:**

It is recommended that the City Council authorize an amendment to City Secretary Contract 54108 with Front Line Mobile Health, PLLC to provide comprehensive post COVID-19 physicals for all city employees to increase the total amount of compensation from \$471,750.00 to \$589,687.00 for the initial term only.

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**DISCUSSION:**

The Fire and Human Resources Departments request funds to provide post COVID-19 physicals for all city employees to assess and identify any lingering or chronic effects of the infection after recovery from the acute phase. Fire currently has Frontline Mobile Health under contract to provide health services for firefighters such as physicals, workers compensation return to work evaluations, etc. As we continue to learn about lingering and possible long-term effects of COVID-19, it is important to ensure adequate recovery prior to the often stressful and strenuous duties required of many occupations.

Studies have shown that COVID-19 can lead to a heart inflammation condition known as Myocarditis, which can decrease the ability of the heart to pump blood. This condition can cause heartbeat abnormalities, heart failure, and even sudden death. People in strenuous occupations are much more susceptible to the health effects of Myocarditis.

To date, a total of 307 personnel city-wide have tested positive for COVID-19, we anticipate sixty percent of those testing positive will be interested in a post COVID-19 physical exam, approximately 181 exams. The components of this exam as well as the cost is outlined below.

Post COVID-19 physical exams will consist of:

- Cardiopulmonary Exercise Test
- Chest X-Ray
- Lung Ultrasound looking for pleural effusion
- Blood Biomarkers:
  - Complete Blood Count
  - Comprehensive Metabolic Panel
  - Troponin
  - C-Reactive Protein
  - Erythrocyte Sedimentation Rate
  - Serum Uric Acid
  - SARS-CoV2 Total Antibody test
- Medical Questionnaire
- Physical Exam and medical recommendation

Cost per exam is \$650.00.

Physicals would be completed through December 18, 2020. CARES Act Funding ends December 30, 2020.

An administrative change order or increase may be made by the City Manager up to the amount allowed by relevant law and the Fort Worth City Code and does not require specific City Council approval as long as sufficient funds have been appropriated.

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**FISCAL INFORMATION / CERTIFICATION:**

The Director of Finance certifies that funds are available in the current operating budget, as previously appropriated, in the Grants Operating Federal Fund for the 2020 Disaster Assistance COVID project to support the approval of the above recommendation and authorization of the amendment. Prior to any expenditure being incurred, the Human Resources Department has the responsibility to validate the availability of funds.

**Submitted for City Manager's Office by:** Jay Chapa 5804

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