

# Mayor and Council Communication

**DATE:** 12/09/25

**M&C FILE NUMBER:** M&C 25-1108

**LOG NAME:** 80TEXAS HEALTH THE HAPPY KITCHEN

**SUBJECT**

(CD 6 and CD 9) Authorize Acceptance of a Grant in the Amount of \$5,000.00 from Texas Health Community Hope to Support The Happy Kitchen/La Cocina Alegre® Nutrition Education at Two Fort Worth Community Centers and Adopt Appropriation Ordinance

---

**RECOMMENDATION:**

It is recommended that the City Council:

1. Authorize acceptance of a grant and execution of a Grant Agreement in the amount of \$5,000.00 from Texas Health Community Hope to support The Happy Kitchen/La Cocina Alegre® Nutrition Education at two Fort Worth community centers; and
  2. Adopt the attached appropriation and ordination increasing estimated receipts and appropriation in the Grants Operating Other Fund, subject to receipt of the grant, in an amount up to \$5,000.00, for the purpose of funding the Happy Kitchen/La Cocina Alegre Nutrition Education Program at Como and Fire Station Community Centers.
- 

**DISCUSSION:**

The purpose of this Mayor and Council Communication (M&C) is to authorize the acceptance of a grant and the execution of a grant agreement in the amount of \$5,000.00 from Texas Health Community Hope to support The Happy Kitchen/La Cocina Alegre®, a 6-week cooking and nutrition class available in English and Spanish at two Fort Worth community centers. Staff at Texas Health Community Hope reached out to indicate they wanted to provide a grant to provide culturally sustaining cooking and nutrition classes and valuable educational resources to communities facing obstacles accessing fresh, healthy food. The classes are taught by trained peer facilitators who live and work in the communities they serve, and are specifically designed for areas experiencing high rates of food insecurity and for those interested in managing chronic health conditions through nutrition. There was no application process since the request came directly from Texas Health Community Hope. There is no grant application repository number, as the Park & Recreation Department did not apply for these funds. Since no City salaries will be charged, indirect cost recovery does not apply.

The work of Texas Health Community Hope is guided by evidence-based practices; and together with the support of partners throughout the community, they work to create an environment that supports health and well-being. Texas Health Community Hope is committed to delivering support through programs and services that help lead to measurable, sustainable community improvements. The organization serves as a catalyst to transform lives by investing in the vision of a healthier future for our communities. Their core belief is "where you live shouldn't play a major role in your health and well-being." Texas Health Community Hope works to proactively address health disparities and the social and environmental conditions that affect overall health through innovative programs, investments, and collaborations to make a difference in the community. Como Community Center and Fire Station Community Center will each receive \$2,500.00 to cover the cost of the program.

This program serves COUNCIL DISTRICTS 6 & 9.

A Form 1295 is not required because: This M&C does not request approval of a contract with a business entity.

---

**FISCAL INFORMATION / CERTIFICATION:**

The Director of Finance certifies that upon approval of the above recommendations and adoption of the attached appropriation ordinance, funds will be available in the current operating budget, as appropriated, in the Grants Operating Other Fund. The Park & Recreation Department (and Financial Management Services Department) will be responsible for the collection and deposit of funds due to the City. Prior to expenditures being incurred, Park & Recreation has the responsibility to validate the availability of funds. This is an advance grant.

**Submitted for City Manager's Office by:** Dana Burghdoff 8018

**Originating Business Unit Head:** Dave Lewis 5704

**Additional Information Contact:** Monique Hill 5775